

CITY OF SAN LUIS OBISPO
PARKS & RECREATION DEPARTMENT

WHAT'S NEW

March-April

2010



SPRING BREAK

Spring Break Camp

Each week of Spring Break Camp celebrates nature's sprouting wonders and tiny discoveries. This day camp experience includes art exploration, indoor and outdoor discovery, science experiments, group games and much more!

REGISTRATION: MARCH 8 - MARCH 23

at the Parks and Recreation Department
during normal business hours

Week 1: Sprouting Wonders | Week 2: Tiny Discoveries
M - F, MARCH 29 - APRIL 2 | M - F, APRIL 5 - APRIL 9

Includes two field trips to the SLO Swim Center
at SINSHEIMER ELEMENTARY SCHOOL

2755 Augusta

7 a.m. to 6 p.m.

Grades: K-6

\$170/week, \$300/both weeks

NEW Daily Rate: \$40/day

Quest for Teens

TEENS ENGAGED ACHIEVE MILESTONES

This exciting four-day training session takes teens on an informative and fun journey to learn about job ethics, responsibility and teamwork. Includes hands-on activities and group exercises.

MONDAY - THURSDAY

MARCH 29 - APRIL 2

9 a.m. to 3 p.m.

at the LUDWICK COMMUNITY CENTER

864 Santa Rosa Street

Ages: 13-16

FREE PROGRAM

Spring Break Recreational Swim

During Spring Break, the SLO Swim Center is open at peak hours for prime enjoyment! The main pool and the Therapy/Tot Pool are both available for use during this time.

MONDAY - FRIDAY

MARCH 29 - APRIL 9

1:45 p.m. to 3:30 p.m.

at the SLO SWIM CENTER

902 Southwood Drive

Ages: ALL

\$2.50/youth & seniors, \$3/adult

SLO Swim Center: 781-7288.

Spring Break Pool Party

What's Spring Break without a pool party?! Come enjoy music, activities, a BBQ and SWIMMING at the SLO Swim Center during Recreational Swim time!

WEDNESDAY, APRIL 7

1:45 p.m. to 3:30 p.m.

at the SLO SWIM CENTER

902 Southwood Drive

Ages: 18 & under

\$2.50

Monster Skate Park Series

The Central Coast Monster Skate Park Series is a skateboarding contest for youth, ages 5+. Registration begins at 9 a.m. and all contests begin at 10 a.m.

MARCH 27: ATASCADERO

APRIL 10: TEMPLETON

APRIL 24: PASO ROBLES

MAY 8: GROVER BEACH

MAY 22: SAN LUIS OBISPO

JUNE 5: LOS OSOS

\$15 per entry

www.ccmonsterskate.com

Kids Night Out: Music Mixer

To celebrate April as the Month of the Child, all school age children are invited to attend a special musical evening including karaoke, instrument making, a dance party, a special musical guest and more!

FRIDAY, APRIL 23

6:30 p.m. to 9:30 p.m.

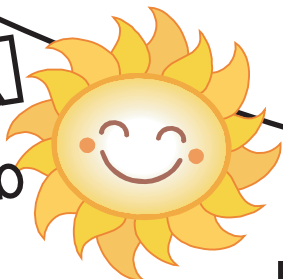
at the LUDWICK COMMUNITY CENTER

864 Santa Rosa Street

Grades: K-6

\$15/child (includes dinner)

MORE IN
SPRING



31st Annual SLO Triathlon

ON-LINE REGISTRATION BEGINS
SATURDAY, APRIL 24

The SLO Triathlon, a short course event, is a community favorite focusing on completion, rather than competition!

Ages: 15+

\$71/person, \$128/team

**VOLUNTEERS ARE
ALSO NEEDED!**

For more information visit
www.slotriathlon.org.

March/April Private Lessons

Private Swim Lessons are designed to maximize the individual instruction given to a particular student with a one-to-one student/teacher ratio.

MWF Sessions:

MARCH 1 - MARCH 12

MARCH 15 - MARCH 26

APRIL 19 - APRIL 30

TTH Sessions:

MARCH 2 - MARCH 11

MARCH 16 - MARCH 25

APRIL 20 - APRIL 29

4:10 p.m. to 4:40 p.m.

OR 4:10 p.m. to 5:15 p.m.

at the SLO SWIM CENTER

902 Southwood Drive

Ages: 3+

\$61/MWF session, \$41/TTH session

SLO Swim Center: 781-7288.



PARKS & RECREATION

city of san luis obispo

Opinions Matter

SLORECSURVEYS.org

(805) 781-7300

www.slocity.org/parksandrecreation

1341 Nipomo Street



The City of San Luis Obispo is committed to include the disabled in all of its services, programs and activities. TDD (805) 781-7410.

SPRING CONTRACT CLASSES



CENTRAL COAST BATON TWIRLERS

at the Ludwick Community Center

This exciting class teaches students the basic techniques of baton twirling.

(Ages 5-15)

WEDNESDAYS

March 31 – April 28: 5 p.m. – 6 p.m.

May 5 – June 2: 5 p.m. – 6 p.m.

Cost: \$48/session

MADSCIENCE: Dinosaurs, Senses and Where's the Air Workshops

at the Ludwick Community Center

These super fun Saturday science workshops promote exploration and education.

(Ages 5-7)

SATURDAY, MARCH 6

DINOSAURS: 11 a.m. – 12 p.m.

SATURDAY, MARCH 13

SENSES: 11 a.m. – 12 p.m.

SATURDAY, MARCH 20

WHERE'S THE AIR: 11 a.m. – 12 p.m.

Cost: \$20/Saturday Session

TENNIS LESSONS

at Sinsheimer Park

Conditioning and fitness are the benefits for those who participate in the high energy sport of tennis.

MONDAYS, MARCH 1 – MARCH 29

OPEN (Ages 10+): 1 p.m. – 2 p.m.

OPEN (Ages 10+): 2 p.m. – 3 p.m.

CHILD BEG/INT (Ages 6-12): 3 p.m. – 4 p.m.

WEDNESDAYS, MARCH 3 – MARCH 31

OPEN (Ages 10+): 1 p.m. – 2 p.m.

OPEN (Ages 10+): 2 p.m. – 3 p.m.

CHILD BEG/INT (Ages 6-12): 3 p.m. – 4 p.m.

MONDAYS, APRIL 12 – APRIL 26

OPEN (Ages 10+): 1 p.m. – 2 p.m.

OPEN (Ages 10+): 2 p.m. – 3 p.m.

OPEN (Ages 10+): 5 p.m. – 6 p.m.

CHILD BEG/INT (Ages 6-12): 3 p.m. – 4 p.m.

WEDNESDAYS, APRIL 14 – APRIL 28

OPEN (Ages 10+): 1 p.m. – 2 p.m.

OPEN (Ages 10+): 2 p.m. – 3 p.m.

OPEN (Ages 10+): 5 p.m. – 6 p.m.

CHILD BEG/INT (Ages 6-12): 3 p.m. – 4 p.m.

Cost: \$51/session, \$68/March 3–March 31 session

TEENS

Blast from the Past Dance

Teen Hang Out provides seventh and eighth graders with a safe place to socialize with friends, dance while the DJ plays favorite songs, and just hang out.

A signed waiver is required for attendance.

FRIDAY, APRIL 16

3:30 p.m. to 5 p.m.

at LAGUNA MIDDLE SCHOOL

Ages: 12-14

\$3 with ASB Card

Teen Track & Field

For students in seventh and eighth grades, the teams travel to various meets throughout the season, including the annual San Luis Obispo Teen Track Meet.

REGISTRATION: MARCH 15 – MARCH 26

at the Parks and Recreation Department during normal business hours

PRACTICES: Mondays, Wednesdays, Fridays
3:15 p.m. to 5 p.m.

SEASON: MARCH 29 – MAY 19

Grades: 7-8

\$21.50/student

RANGER SERVICE

Ranger-Led Hikes

Wear sturdy hiking shoes, bring plenty of water and prepare to see the open space of San Luis Obispo.

Ranger-Led Hikes are on SUNDAYS at 1 p.m.

MARCH 14: ISLAY HILL

APRIL 11: JOHNSON RANCH

Trail Workdays

Please wear long pants and sturdy shoes.

Water and snacks are provided.

All workdays are on SATURDAYS, 9 a.m. to 12 p.m.

MARCH 13: IRISH HILLS @ MADONNA

MARCH 27: JOHNSON RANCH

APRIL 10: IRISH HILLS @ PREFUMO CYN

APRIL 24: BOWDEN RANCH

SUMMER PLANS

Summer Camp Registration Fair

The annual registration fair provides families with a jump start to registration for 2010 summer camps!

SATURDAY, MAY 1

10 a.m. to 12 p.m.

at the LUDWICK COMMUNITY CENTER

864 Santa Rosa Street

Ages: ALL

Look for more information in the Summer Activity Guide - Coming out this April!



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Parks Make Life Better! sm

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